

# Nutripore™

## Blood Collection Kit for Fatty Acid Analysis

IFU

### Instructions For Use

For healthcare professionals

#### Contents

- 1 x Nutripore Blood Collection Card for Fatty Acid Analysis in foil pouch
- 1 x Desiccant (moisture absorbing sachet)
- 1 x Alcohol swab (sterile)
- 2 x Lancets (sterile)
- 2 x Self-adhesive bandages (sterile)
- 4 x Extra QR code labels (for laboratory records if needed)
- 1 x Return address label

#### Important

##### ⚠ Caution

- The lancet is spring loaded and may activate when pressed firmly.
- Do NOT touch surface of circles on collection card.

#### Information and Support

Visit [www.trajannutrition.com](http://www.trajannutrition.com) or contact [info@trajannutrition.com](mailto:info@trajannutrition.com)

Specifications are subject to change without notice.

#### Instructions

Read all the instructions first before commencing.

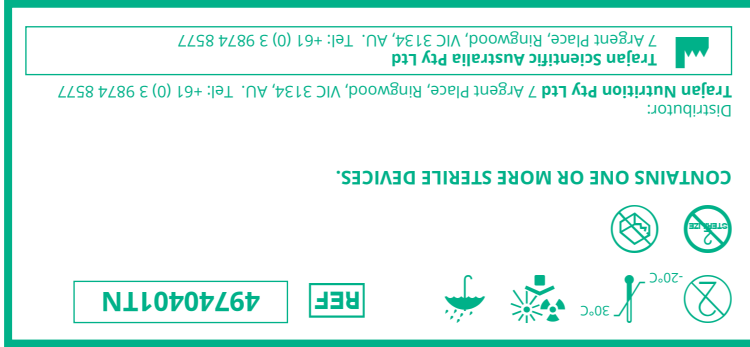
1. Please wash hands in warm water. Let your hands dry completely before putting on gloves. Nitrile disposable gloves are recommended.
2. Open foil zip-lock pouch and remove Nutripore Blood Collection Card (do not remove desiccant). Reseal and retain for later.
3. Unfold Nutripore Blood Collection Card, **be careful not to touch the surface of the circles.**
4. Unlock lancet by twisting the cap, continue to twist until cap separates easily from lancet body (do not pull).
5. To prepare the finger for blood collection, warm the chosen finger by massaging it. Use alcohol swab to wipe area on fingertip. Allow to dry.
6. We recommend to use the non-dominant hand for the finger prick. Puncture the pulpy surface of the last segment of the finger, towards the side. Avoid using little finger.
7. Position lancet firmly on side of fingertip and press the release button on the side to activate. Discard lancet appropriately.
8. Increase blood flow by holding puncture site downward and gently applying pressure to surrounding area.



9. Carefully place the droplet of blood in each circle, aiming to fill each circle completely (this may require 1-2 drops of blood). **Avoid touching the circle with skin or smearing the blood.**
10. Apply self adhesive bandage provided to cover the finger until it is healed.
11. The specimen must be labelled immediately after the sample is collected. On the Patient ID Form panel; write the study ID (if required) and/or affix a QR code label, write date of birth and date of collection.
12. Place Nutripore Blood Collection Card open on its side, being careful not to touch the blood drops. Air dry for 1 hour.
13. Once dry, fold Nutripore Blood Collection Card over. **Make sure to place the collection circles on the inside of the cover.**
14. Place Nutripore Blood Collection Card in foil pouch with desiccant. **Make sure to seal securely.**
15. Return in the mail to Trajan Nutrition laboratory or your laboratory of choice:

Trajan Nutrition  
c/o SAHMRI  
George Street delivery dock  
Adelaide SA 5000  
Australia

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nutrition



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### Introduction

The Nutripore™ Blood Collection Kit for Fatty Acid Analysis is intended for the collection of a blood sample, using a Nutripore Blood Collection Card which has been specifically enhanced for fatty acid analysis. The finger prick method is used to produce blood droplets that are directly transferred to the collection card and analysed in a laboratory.

For Research Use Only. Not for Therapeutic or Diagnostic Use.